

Title: "BLESSED IS THE MAN"

Text: **Psalm 1**

(I) THE BOOK OF PSALMS

- 1. Themes drawn from life's experiences**
- 2. Themes drawn from religious experiences**
- 3. Expressed in Hebrew poetry**
- 4. Utilised in public worship**
- 5. Utilised in personal meditation**

(II) THE THEME OF BLESSING

- 1. A major theme in the Book of Psalms**
- 2. Observations of life**
- 3. Observations of a truly blessed life**

(III) BLESSINGS ARE VIRTUALLY PREDICTABLE

- 1. They are the gracious rewards of God**
- 2. They serve as encouragement to the believer**

(IV) ESSENTIAL CHARACTERISTICS OF ONE WHO WILL BE BLESSED

- 1. The company he does not keep (Psalm 1:1)**
 - a) The ungodly and his counsel
 - b) The sinner and his path
 - c) The scornful and his seat
- 2. The things he chooses to delight in (Psalm 1:2)**
 - a) The law of God

b) He meditates on it day and night

(V) CLASSIC SYMBOL OF A TREE

Psalm 1:3

- 1. Well planted**
- 2. Deeply rooted**
- 3. Flourishing**
- 4. Fruitful**

(VI) SOBERING KNOWLEDGE

- 1. God knows the way of the righteous**
- 2. He also knows the self-destructive ways of the wicked**