

Title: "RENEW STRENGTH"

Text: Isaiah 40:28-31

**(I) THE RAPTOR FAMILY**

**1. The hawk**

*"Does the hawk fly by your wisdom, and spread its wings toward the south?" Job 39:26*

**2. The eagle**

*"Does the eagle mount up at your command, and make its nest on high?" Job 39:27*

**3. The vulture**

*"On the rock it dwells and resides, on the crag of the rock and the stronghold.  
From there it spies out the prey; its eyes observe from afar.  
It's young one suck up blood; and where the slain are, there it is." Job 39:28-30*

**(II) BATTLING NEGATIVE THOUGHTS AND FEELINGS THAT SAP STRENGTH**

*"Why do you say, O Jacob, and speak, O Israel:  
'My way is hidden from the LORD,  
And my just claim is passed over by my God.' " Isaiah 40:27*

**1. Feelings of discouragement**

**2. Feelings of despondency**

**3. Feelings of despair**

**4. Feelings of being defeated in life**

**5. Feelings of being deserted by God**

### **(III) RENEWING STRENGTH**

#### **1. Returning to foundational knowledge of God**

- a) As the Everlasting God
- b) As The LORD
- c) As the Creator of the ends of the earth

#### **2. Regaining vital understanding**

- a) His understanding is unsearchable
- b) He gives power to the weak
- c) He increases strength to those who feel they have no more might

#### **3. Understanding the Process of Renewal**

- a) It calls for the practice of “waiting upon the Lord”
- b) It calls for faith to believe that God can renew our strength
  - i) Natural human strength is limited
  - ii) Divine strength will be given

### **(IV) POWERFUL PICTURES OF STRENGTH**

#### **Isaiah 40:31**

##### **1. Indefatigable and strong young men**

- a) They shall run and not be weary
- b) They shall walk and not faint

##### **2. Eagles**

- a) They soar majestically high in the sky
- b) They are sustained by Divine power from God