

Title: **"THE ROCK OF MY STRENGTH"**

Text: **Psalm 62**

(I) UNDERSTANDING THE BIBLICAL-HISTORICAL RECORDS

1. As seen in the life of King David

2. Recorded in the Scriptures

- a) In the Books of History (**1 Samuel, 1 Chronicles**)
- b) In the Psalms (Davidic)

3. Purpose of these Biblical records

- a) Historical
- b) Theological
- c) Didactic

(II) THE MANY BATTLES OF DAVID

1. External foes

- a) Wars
- b) Many enemies that threatened the ancient nation of Israel

2. Internal foes

- a) Wicked subjects
- b) Usurpers

3. Personal fears

- a) Doubts
- b) Danger of losing life

(III) THE CONQUESTS DAVID EXPERIENCED

1. Over many enemies

2. Over personal doubts and fears

(IV) WHAT WAS THE SECRET OF DAVID'S STRENGTH?

The answer:

*"Truly my soul waits for God;
From Him comes my salvation.*

*He only is my rock and my salvation;
He is my defense;
I shall not be greatly moved.*

*My soul, wait silently for God alone,
For my expectation is from Him...*

*He only is my rock and my salvation;
He is my defense;
I shall not be moved.*

*In God is my salvation and my glory;
The rock of my strength,
And my refuge is in God." Psalm 62:1-2, 5-7*

1. Waiting upon God (Psalm 62:1, 5)

2. Trusting God

- a) Salvation
- b) Rock
- c) Defense
- d) Refuge

3. Resulting in the following:-

- a) Unmoved by the difficult circumstances of life
- b) Strength to meet all problems
- c) Glorifying in the Lord