

Title: **"I WILL PRAISE THE NAME OF GOD"**

Text: **Psalm 69**

(I) THE DANGER OF FALLING INTO DEPRESSION

1. Grave descriptions of situation

- a) Sinking into deep mire (**Psalm 69:2**)
- b) Flood waters overflowing (**Psalm 69:2**)

2. Personal sense of despair

- a) Weary with crying despite waiting on God (**Psalm 69:3**)
- b) Shameful (**Psalm 69:7**)
- c) Full of heaviness (**Psalm 69:20**)
- d) Poor and sorrowful (**Psalm 69:29**)

3. Causes of this time of depression

- a) Personal sin (**Psalm 69:5**)
- b) Afflicted by Enemies
 - i) Hated without cause (**Psalm 69:4**)
 - ii) Being reviled (**Psalm 69:12**)
 - iii) Being reproached for the Lord's sake (**Psalm 69:7, 9**)

(II) FACTORS THAT FORTIFY US TO PRAISE THE LORD

1. Prayer

- a) Praying according to the Lord's mercies (**Psalm 69:13, 16**)
- b) Praying for deliverance (**Psalm 69:1, 18**)
- c) Praying with hope (**Psalm 69:3**)

2. Word of God

Psalm 69:30-33 is very similar to Psalm 34:1-4

3. Spirit of Humility (Psalm 69:29)

4. Strong spirit of resolution (Psalm 69:31)

5. Faith to see the future

a) Glimpses of the Lord Jesus (**Psalm 69:9**)

b) Glimpses of the millennium kingdom (**Psalm 69:35-36**)

(III) RESULT - FINDING STRENGTH TO STILL PRAISE THE LORD

1. Praising the Lord's name (Psalm 69:30)

2. Praising the Lord with a song (Psalm 69:30)

3. Magnifying the Lord with thanksgiving (Psalm 69:30)

4. Calling on heaven and earth to praise the Lord (Psalm 69:34)