

EVENING WORSHIP

20 May 2007

Title: "I shall yet praise Him"

Text: Psalm 42

(I) OUR SOULS CAN END UP BEING UNABLE TO PRAISE GOD

"Why are you cast down, O my soul?

Why are you disquieted within me?

Hope in God:

For I shall yet praise Him,

The help of my countenance and my God." **Psalm 42:11**

1. When the soul feels downcast

2. When there is disquiet

3. When things feel hopeless

a) Tears

"My tears have been my food day and night..." **Psalm 42:3a**

b) Taunts of enemies

"Where is your God?" **Psalm 42:3b, 10d**

(II) REGAINING JOY

1. Recognising Soul-thirst

*"As the deer pants for the water brooks,
So pants my soul for You, O God."* **Psalm 42:1**

*"My soul thirsts for God, for the living God;
When shall I come and appear before God?"* **Psalm 42:2**

2. Responding to Soul-thirst

a) Use the Power of Recall

"When I remember these things..." **Psalm 42:4**

"...Therefore I will remember You..." **Psalm 42:6b**

"...I used to go with the multitude..." **Psalm 42:4**

"...I went with them to the house of God..." Psalm 42:4

b) Utilise the privilege of prayer

"...I pour out my soul within me..." Psalm 42:4b

"O my God, my soul is cast down within me..." Psalm 42:6

3. Exercise Hope

a) Addressing the soul firmly

"...Hope in God..." Psalm 42:5c; 11c

b) Recall songs in the night

"...And in the night His song shall be with me..." Psalm 42:8b

c) Recall His promises

*"The LORD will command His lovingkindness in the daytime,
And in the night His song shall be with me..." Psalm 42:8*

(III) GUARDING THE GIFT OF JOY

1. Treasure the gift of Joy

2. Guard the gift of Joy

3. Practise the art of Joy