

EVENING WORSHIP SERVICE – MITCHELL TAN

080105

OVERCOMING DESPAIR THROUGH TRUST IN GOD

Psalm 13

(I) RECOGNISING THE SYMPTOMS OF DESPAIR

1. Daily Sorrow

“Having sorrow in my heart daily? How long will my enemy be exalted over me?” Psalm 13:2

2. Limited personal counsel

“How long shall I take counsel in my soul,...” Psalm 13:2

3. Doubts

“How long, O LORD? Will You forget me forever?
How long will You hide Your face from me?” Psalm 13:1

4. Impatience with God

“How long, O LORD?...” Psalm 13

(II) POSSESSING A POWERFUL TRUST IN GOD

1. Trusting in God through His enlightenment

“Consider and hear me, O LORD my God; enlighten my eyes,...”
Psalm 13:3

a. Seeking enlightenment

b. Having an enlightened perspective to see beyond despair

2. Trusting in God’s extensive mercies

“But I have trusted in your mercy.” Psalm 13:5

(III) EMPLOYMENT OF TRUST TO FIGHT DESPAIR

1. Fighting despair through prayer.

“Consider and hear me, O Lord my God...” Psalm 13:3

2. Fighting despair with joy

“My heart shall rejoice in your salvation.” Psalm 13:5

3. Fighting despair by singing to the Lord
“I will sing to the Lord...” Psalm 13:6

4. Fighting despair by counting our blessings.
“Because He had dealt bountifully with me.” Psalm 13:6